



HOOKLANDS

A HOME FROM HOME





HOOKLANDS CARE HOME

Hooklands is a small, personal, and warm-hearted care home offering a true home from home experience for our residents. We offer specialised dementia care and welcome residents who are seeking long term, social or respite care.

Set on the beachfront, Hooklands looks out directly to the sea with stunning coastal views onto the Solent and across to the Isle of Wight. This truly is a spectacular location with the South Downs not far away. The garden of the home stretches right up to the sea wall where our residents enjoy the seasonal views all year round. We are a few minutes away from the village of East Wittering, which has a medical centre, dentist, optician, pharmacies, hairdressers & many different shops.

Our exceptional team of staff are highly experienced and care passionately about our residents. Staff value our residents' independence and dignity and are compassionate when tending to every need.

We pride ourselves in providing a home from home. It is important to us that our residents continue to experience creature comforts that we all enjoy daily in our own homes. Residents enjoy fresh flowers around the home; tea on demand; homemade meals; fish & chip Fridays and an array of activities and entertainment. Residents are also encouraged to design their rooms as they would like them to be. This gives them the opportunity to bring personal aspects of their home with them, allowing them to maintain their identity, personality, and the feeling of security in a comfortable environment where long-lasting friendships are made.

“The only kind of dignity which is genuine is that which is not diminished by the indifference of others.”

Dag Hammarskjold

Home is where the heart is

Located on the beachfront in East Wittering, Hooklands provides residential, nursing and dementia care for up to xx residents.

Hooklands delivers a true care pathway, offering different levels of support to meet an individual's changing needs. First and foremost, Hooklands is home to our residents; a place where each person may rest assured that their care needs are being met in a warm, welcoming, and secure environment.

Home Manager leads a dedicated, professional care team in providing the highest standards of tailored support. In every instance, our approach is designed to meet the unique needs and preferences of each person we support.

At Hooklands, we strive to exceed expectations and enhance the wellbeing of every resident through compassion, dignity, and specialized expertise.

Our Home Manager lives locally and is deeply passionate about care work, especially for those with dementia. She feels incredibly fortunate to have an amazing team to work alongside, and together, they strive to make a meaningful difference.



“We are both so grateful for the love care and affection you all showed towards dad during the 16 months that he was with you. You're all so caring and passionate about your residents and we are so grateful that you were able to look after him.”







A home by the sea



Hooklands Care Home is a stunning residence that has been thoughtfully designed to deliver outstanding care within a comfortable and homely setting. Residents enjoy bright, spacious bedrooms, many featuring en suite facilities, as well as a range of communal areas that encourage socialisation and relaxation.

Our bright and airy living spaces are complemented by our garden on the beachfront, where the coastal air and peaceful surroundings can be enjoyed year-round. For those who prefer the indoors, our light and spacious communal rooms offer the perfect vantage point to enjoy the changing seasons.

While retaining its friendly, "home from home" atmosphere, Hooklands has been equipped with modern conveniences and technologies. This ensures we provide the most advanced forms of support for those with mobility and nursing needs, all while maintaining the charm that makes life in East Wittering so special.

“Thank you so much for all the love and support you have given mum and all of us.”



“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.”

Leo F. Buscaglia



An absolute commitment to care

Our relationships with our residents are everything. Here at Hooklands Care Home, we believe in promoting: independence, choice, dignity, respect and privacy & confidentiality.

Our team are all trained and highly committed to creating and maintaining a trusting relationship with our Residents, their families, and their friends.

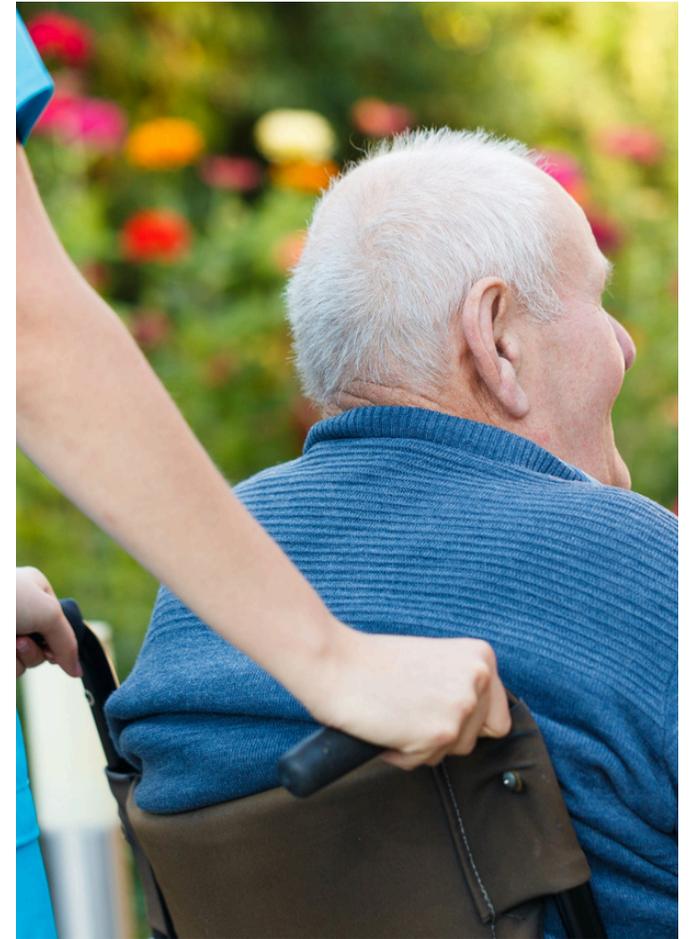
We provide long-term Residential care. Our Care Assistants are fully trained and will care for you as an individual resident, with a focus on looking after your own personal needs and preferences. We will strive to share and engage in your preferred interests as well as offer you the opportunity to try many new activities. We are here to look after you and to ensure you are safe, happy, and healthy.

We specialise in Dementia care. We provide our Residents, who are living with Dementia, experienced and specialised care with understanding, reassurance and support which is also extended to their families and friends.

We provide around-the-clock care, and our warm and friendly Care Team will do their utmost to ensure that your stay with us is like a home from home experience.

Hooklands Care Home has a multi-disciplinary approach working with other professionals in the local community to ensure residents needs are met and the Care Quality Commission (CQC) to ensure we exceed all national standards. Hooklands is regularly audited by our in-house SunNest Care group compliance officer.





“Don’t walk in front of me, I may not follow; Don’t walk behind me, I may not lead; Walk beside me, and just be my friend.”

William Arthur



Where Coastal Serenity Meets Countryside Charm



Hooklands occupies a premier position on the Bracklesham Bay seafront. Our first and second-floor rooms offer residents a choice of stunning vistas: the ever-changing beauty of The Solent or the tranquil, rolling greenery of The Downs.

Beyond our doors, the vibrant village of East Wittering is just moments away. Unlike many modern high streets, East Wittering has retained its traditional character, offering a warm, community-focused atmosphere that feels like home.

Residents and families can enjoy a variety of independent shops and essential services right on our doorstep:

- Traditional Markets: From the high-class fresh produce at Munneries to the catch-of-the-day at Something Fishy, the village celebrates local Sussex quality.
- Nostalgic Treats: A visit to Candies, the old-fashioned sweet shop, is a favorite for those looking to rediscover the flavors of their childhood.
- Artisanal Cafés: Enjoy a freshly baked pastry at Knead Bakery or a light lunch at the Boulevard, both offering accessible, friendly environments for a social afternoon.
- Practical Convenience: With a local health center, library, and well-known retailers like Boots and Tesco nearby, every practical need is easily met.





“I love everything that’s old, - old friends, old times, old manners, old books, old wine.”

Oliver Goldsmith

Nutritional Excellence

We believe life should be enjoyed at all stages of one’s journey. Good nutrition and hydration care are key components of that ethos.

Our Head Chef works in partnership with the Home Manager and the care team to provide restaurant standard meals tailored to meet individual care needs. Ingredients are chosen and meals are prepared to deliver a balanced, varied and nutritious diet.

For residents who may find larger meals a challenge, our hospitality team ensures there are always finger foods available to enjoy throughout the day. Ingredients are chosen that offer a high water content helping individuals to stay well hydrated, vital for health and wellbeing.

Our commitment to hospitality extends to family members and friends too. We have an open visiting policy and family members are welcome to join us at mealtimes. Sunday lunch, in particular, is always a popular occasion.

“I love that my family traditions continue here – especially catching up over Sunday roast.”



“I feel the capacity to care is the thing which gives life its deepest significance.”

Pablo Casals

Activities and social occasions

We believe an active life is a happy and fulfilling life. We work with each resident to ensure everyone has an opportunity to participate in activities that have real meaning for them.

Residents are encouraged and supported to discover new pastimes while continuing to indulge in the hobbies of a lifetime. Our team ensures activities contribute to physical and mental wellbeing, although simple enjoyment is of course the number one priority.

Our Services

Beauty & Chiropody services

Weekly hairdresser

Regular resident outings

Visits from entertainers

Numerous in-house activities





Our Values

At SunNest Care Group, we believe in:

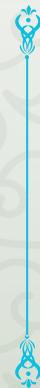
Compassion: Providing empathetic and resident-centred care.

Authenticity: Upholding the highest standards of honesty and ethics.

Respect: Valuing each resident's individuality and promoting their wellbeing.

Excellence: Striving for continuous improvement and professional excellence.





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